

## COA Meeting, January 6, 2021

DUE TO COVID-19 PANDEMIC, THIS MEETING WAS CONDUCTED VIA ZOOM VIDEO RECORDING.

Attended by: Roberta Lynch, Bob Heald (2020), Rich Ryder (2021), Perry Conostas (2019), Susan Bernstein, Heidi Groff (2023), Lisa Donovan, Kathy Powers, Trish Pembroke, Nancy Gerstel

Date in (2020) = expiration date of term for Council On Aging Board Members

Roll Call to Order: 10:05 a.m

Motion to Approve December 2020 Minutes: YES – 4, NO - 0 – Minutes Approved

### ROBERTA:

- Changed from Conference Calling to ZOOM as we have a new area code for ZOOM per Owen, IT person for Town
- Have received final plans for garage but no pricing as Bill Gallagher had an operation and is recuperating
- No further information on vaccine. Roberta can send website information to anyone who requests it. Heidi offered to send info to Roberta from Boston Medical Center. Roberta suggested people check with their Primary Care Physician for information.
- December 2020 had 680 duplicated people, 208 unduplicated (last Dec was 198). 7 people volunteered 80 hours.
- Served 10 Pick-Up Spaghetti Dinners and 40 Chinese Food lunch pickups.
- Have 30 people participating in Yoga; Zumba is returning.
- In February, Gary Hylander will be a virtual presentation. Evan Weiner will be giving a virtual presentation on Super Bowl History and one on Baseball in America. In April/May, Ted Weinstein will be giving a virtual presentation.

### SUSAN:

- Working with youth volunteers on snow shoveling..

### LISA:

- Fuel Assistance Program Applications
- Housing Applications
- Outreach with police
- Protective Services
- Checking in with several high-risk residents
- Attended webinar on dementia friendly community to advocate for changes in restaurants, etc.

KATHY:

- ZOOM calls on Wednesdays 11-12 noon with 2 clients
- Outreach to clients by phone, email, notes
- Working with Trisha on updating database to consolidate and remove duplicates

TRANSPORTATION:

- 17 shopping trips in December to grocery stores, malls for 17 people

.Motion to adjourn (Yes- 4, No-0) accepted at 10:40 a.m.



**NEXT MEETING: WEDNESDAY, FEBRUARY 3, 2021 AT 10:00 A.M.**

Respectfully submitted,

**Roberta Lynch**

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