

# TOWN OF MEDFIELD

*Office of the*

## **Medfield Outreach Advisory Board**

TOWN HOUSE, 459 MAIN STREET  
MEDFIELD, MASSACHUSETTS 02052-2009  
(508) 359-7121

MEETING OF:

May 9, 2022

MINUTES

**Members Present:** Kathleen Cahill, Parent; Molly Frankel, Parent; Kate Thomas, Karuna Nutrition & Movement; Kathleen Thompson, Nurse Leader for MPS

**Members Absent:** Abby Bligh, MHS Student; Michelle Manganello, Medfield Police

**Staff Present:** Chelsea Goldstein-Walsh, Outreach Clinician; Kathy McDonald, Outreach Director

**Location:** Virtual Meeting via Zoom

### **1) Welcome/Call to Order**

At approximately 6:00 pm, Board Chair Molly Frankel called the meeting to order. Ms. Frankel read the following:

*Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §18, and the Governor's March 15, 2020 Order imposing strict limitations on the number of people that may gather in one place, this meeting of the Medfield Outreach Advisory Board is being conducted via remote participation. No in-person attendance of members of the public will be permitted, but every effort will be made to ensure that the public can adequately access the proceedings as provided for in the Order. A reminder that persons who would like to listen to/view this meeting while in progress may do so by following the instructions on the agenda and meeting notice.*

### **2) Approval of Minutes from March 7, 2022 Meeting**

Molly Frankel made a motion to approve the Advisory Board meeting minutes from the March 7th, 2022 meeting. Kathy Thompson seconded the motion, and all present approved.

### **3) General Update Outreach**

#### **a) Clinical**

We are continuing to get an influx of clinical referrals. We are at capacity but are referring people to Interface and the MetroWest Care Connector. We anticipate some openings from seniors (students) clients who are graduating. We may offer a short four-week session option for those who are on the waitlist for a more longer term service. This is parallel to the situation in the schools, where the psychologists and guidance counselors are overwhelmed by cases. There is a demonstrable need for an increased allocation of resources to support the mental health needs of the community. Availability of funds is a barrier. Demonstrating need through data in addition to testimonials will hopefully increase resources for this service.

**b) Needs Based**

We meet once a month with the Medfield Foundation and the staff of the UCC to discuss our current requests for Angel Run Funding. We are also having a larger discussion around the mission and the purpose of the funds.

We are also meeting with the Food Cupboard, Christmas Angels, and Wishmakers to streamline and collaborate our holiday giving programs. We want to ensure that there isn't overlap and that all families who need it can benefit from the holiday giving.

We discussed the campership fund that is supported through the Medfield Foundation and the Medfield Home Committee. There is funding available for camp scholarships at Medfield Parks and Recreation, provided that there are openings and applicants are eligible for funding.

**c) Prevention Programming**

We are bringing a lot of wellness programming to the middle and high schools as well as the larger community. It is Mental Health Awareness Month and our suicide prevention coalition is promoting awareness initiatives all month long. Some of the initiatives include social media campaigns to promote resources, reduce stigma and educate the community about mental health, offering of a QPR training and community book read.

**d) DLD Day Presentation - Positive Psychology**

Medfield Outreach staff presented at Design Your Learning Day at the Medfield High School in March. Our workshop was about Positive Psychology and how to incorporate the tenets in the classroom.

**4) Strategic Plan Consultant and Community Needs Assessment**

Thanks to the generosity of the Medfield Foundation Legacy Fund, our work with our Strategic Planning/Community Needs Consultant continues. Our community needs assessment has been

completed and the data is being analyzed and will be shared with the community via our website shortly. The strategic planning process is ongoing but at the latter stages. With the input from our Advisory Board, we have finalized our mission, vision, and value statements.

**a. Mission Statement and Vision Statement**

Board members again provided their feedback and acceptance of the mission and vision statements.

\*\*\*\*This meeting was shortened in length to allow for members to attend the Annual Town Meeting. Agenda items not covered will be covered at the next meeting in June.

**6) Closing, Set date for next meeting**

The next Medfield Outreach Advisory Board meeting will be on Monday, June 6, 2022 at 6:00 pm via Zoom and/or hybrid meeting.

**4) Adjournment**

Adjournment - Ms. Frankel made a motion to adjourn. Seconded by Ms. Cahill. Roll Call Vote: Molly Frankel = yes; Kathy Thompson = yes; Kathleen Cahill = yes; Kate Thomas = yes; Kathy McDonald = yes; Chelsea Goldstein-Walsh = yes. The Vote: 6-0.

**Respectfully Submitted,**

Chelsea Goldstein-Walsh, Outreach Clinician