



# TOWN OF MEDFIELD

Office of

## BOARD OF SELECTMEN

TOWN HOUSE, 459 MAIN STREET  
MEDFIELD, MASSACHUSETTS 02052-0315

(508) 906-3011 (phone)

(508) 359-6182 (fax)

**Kristine Trierweiler**  
Town Administrator

To: Town of Medfield Residents

From: Kristine Trierweiler, Town Administrator  
Medfield Board of Selectmen  
Medfield Board of Health

Date: March 13, 2020

Re: Coronavirus (COVID-19) Social Distancing Recommendations for Medfield Residents

The Town of Medfield has taken several measures to reduce the risk of COVID-19 transmission and slow its spread through our community. There are a number of things Medfield residents can do to further protect our community. The Centers for Disease Control and Prevention (CDC) and Massachusetts Department of Health recommend all persons:

- Wash your hands often with soap and warm water for at least 20 seconds.
- Avoid touching your eyes, nose and mouth.
- Cover your mouth when you cough or sneeze using a tissue or inner elbow, not your hands.
- Clean things that are frequently touched (like doorknobs and countertops) with household cleaning spray or wipes.
- Stay home if you are sick.
- Limit close contact with others as much as possible (about 6 feet).

Because COVID-19 can be transmitted from an infected person before they feel sick, “social distancing” –that is, limiting close contact with others-- is a very important strategy for slowing its spread through our community.

We strongly urge Medfield residents to **avoid gathering in groups** where it would be difficult for participants to maintain social distance. This includes, for example: community organization events, house parties, birthday parties, and indoor “play dates” for children from more than 2 families.

With schools closed and many organized activities cancelled, we encourage parents to encourage

older children to avoid gathering in large groups (especially indoors). To the extent possible, parents of younger children are encouraged to make childcare arrangements that minimize the number of children their children come in close contact with.

Guidance and information regarding COVID-19 is being updated frequently. We recommend the following resources:

- The Town of Medfield is maintaining a webpage about COVID-19 on its Town website and will post additional information and announcements at this link:  
<https://www.town.medfield.net/1860/Coronavirus-Info-COVID-19>
- The Massachusetts Department of Health COVID-19 website:  
<https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>
- The U.S. Centers for Disease Control and Prevention coronavirus website:  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>