

AUGUST SCHEDULE

All regular activities will run as scheduled (See July Calendar)
Open all Saturdays in August from 9 a.m. to 3:00 p.m.

Wednesday, August 3 - COA Board Meeting at 9:30 a.m.

Friday, August 5 - iPad class begins at 11:00 a.m. Limited to 9 people.
Selectman Peterson is available for drop-in meetings at 9:00 a.m.

Tuesday, August 9- Legal Clinic at 2:30 p.m. with Attorney Ladimer. Sign up at desk.

Wednesday, August 10 - Walking group at 10 am meet at Bullards Market, Crafter's Corner at 10:45 a.m., Ice Cream Trip to Crescent Ridge at 1:00 p.m.

Monday, August 15 - Options Counseling with HESSCO's Trish Collins at 2:30 p.m.

Wednesday, August 17 - Walking Group at 10:00 a.m. meet at Wheelock School.
Evening Cookout with music by SPUR- DUO from 4:30 -7:00 p.m. \$6

Thursday, August 18 - Casablanca by the Sea Day Trip Bus leaves at 9 a.m.,
Podiatry Clinic from 10:00 - Noon appointments required by calling the Center.

Friday, August 19 - ROMEO Luncheon bus leaves at 11:30 a.m.

Monday, August 22 - Castle Island Day Trip Bus leaves at 11:00 a.m. \$5

Wednesday, August 24 - Walking Group at 10:00 a.m. meet at High School Track.
Crafter's Corner at 10:45 a.m., Ice Cream Trip to Rosewood at 1:00 p.m.

Thursday, August 25 - Juliet Outing bus leaves at 11:30 a.m.

Wednesday, August 31- "See America" Evening Presentation at 6pm with Steve Farrar.

In this edition of the "See America" series, our adventure guide Steve Farrar will focus on the tremendous diversity within relatively short distances which highlights the group of Western National Parks. Terrain changes from the rushing waterfalls of Kings Canyon to the dry desert landscape of the Sonoran Desert; from the majestic granite domes of Yosemite to the shifting sand dunes of Death Valley; from the soaring, massive Sequoias to the withered, ancient bristlecone pines of Great Basin – the stark differences are striking. Join us as Steve takes us on a visual tour that includes some of the most iconic images found throughout the entire National Park system. Sign up for this event!

Check with the Center for a trip to Encore Casino in August!

iPad Class

Through a grant from the Massachusetts Council on Aging, the Center received 10 iPads to be used for one year. Beginning on **Friday, August 5 at 11:00 a.m.** Judy Lorantos returns as our Technology Instructor and will provide 6 weeks of lessons. Sign up for the lessons and have the ability to take the iPad home with you to practice for the entire 6 weeks. Learn to Google; send emails, shop and so much more. This class is free. Be sure to sign up. Class size is limited to 9 people. Classes will be held on August 5, 12, 19, 26 and September 9 and 16.

Bocce Tournament

The Center will be holding a Bocce Tournament **September 15 and 16**. We need 8 teams of two. Get your team together early so you can practice regularly and throw your hat in the ring for the grand prize. Register your team with the COA. If anyone is interested in helping to get the court ready for practicing and the tournament, please contact Sarah.

August Crafter's Corner at 10:45 a.m.



August 10



August 24

Fall Trips

Thursday, October 13 - Join us for the Indian Princess Cruise and Luncheon! A great time for leaf peeping as you board a modern day replica of the grand riverboats that plied the Mississippi River in the late 19th century and cruise Webster Lake. The real name of Webster Lake is actually Lake Chargoggagoggmanchaubunagungamaug! Enjoy lunch at Samuel Slater's Restaurant with a choice of Baked Cod, Tuscan Steak Tip or Chicken Piccata. This is a wonderful day, all for \$99.00/person.

Tuesday, November 15 - We all remember Bob Hope's USO Show! Enjoy an afternoon with lunch and entertainment mirroring the Bob Hope's style featuring entertainment by Bill Johnson. Join with your friends for a great day of entertainment and great cuisine at Connecticut's famous Aqua Turf! A wonderful day for filled with good food, friends and a great show! **BE SURE TO SIGN UP FOR OUR TRIPS!**

Bowling

John Ledwith organizes our Bowling League on **Thursdays at 1p.m.** Either meet the group there at Millis Bowling Alley (Ryan Family Amusements) on Rte. 109 or meet at the Center at 12:45 and car pool over. It's a great deal...3 strings of bowling and shoes for only \$10. Call the Center to let us know you will be joining!